



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Warm Ham and Egg Biscuit Sandwich Fruit Choice Juice Choice Milk	2 Yogurt Cup Fruit Choice Juice Choice Milk	3 Fresh Baked Cinnamon Roll Fruit Choice Juice Choice Milk
6 Warm Golden Mini Pancakes Fruit choice Juice Choice Milk w3	7 Biscuit/Tortilla Savory Potato and Egg Breakfast Bowl Fruit Choice Juice Choice Milk	8 w2 Whole Grain Bagel Cream Cheese Fruit Choice Juice Choice Milk	9 Hot Egg and Cheese Muffinwich Fruit Choice Juice Choice Milk	10 Happy Veterans Day!
13 Assorted Whole Grain Muffin String Cheese Fruit Choice Juice Choice Milk w4	14 Hot Sausage Biscuit Sandwich Fruit Choice Juice Choice Milk	15 Homemade Egg & Cheese/Green Chili Breakfast Burrito	16 Fresh Baked Cinnamon Apple French Toast Fruit Choice Juice Choice Milk	17 Hot Pancake Sausage on a Stick Fruit Choice Juice Choice Milk
20 Cinnamon French Toast Sticks with Syrup Fruit Choice Juice Choice Milk w5	21 Breakfast Yogurt and Banana Split Fruit choice Juice Choice Milk	22 Happy Thanksgiving Break!	23	24
27 Hot Ham and Cheese Bagel Sandwich Fruit Choice Juice Choice Milk w6	28 French Toast Sticks Fruit Choice Juice Choice	29 Savory Sausage Breakfast Pizza Fruit Choice Juice Choice Milk	30 Yogurt Cup Fruit Choice Juice Choice Milk	

NUTRITION BAR

Included with your meal and offered daily.
Choose from a variety of fresh fruits or vegetables.

For questions and comments, please email the Food Service Director at pojoaque@aviands.com or call 505-455 2255-