

# FUEL ZONE CAFE

POJOAQUE MIDDLE SCHOOL & SGA  
Lunch Menu

SEPTEMBER 2017

Home of the Elks and Elkettes



## MONDAY

Over 130 varieties of green beans are known



## TUESDAY



## WEDNESDAY

## THURSDAY

## FRIDAY

Extra Text

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**Chicken Fried Rice**  
Oriental Vegetables  
Edamame  
wk 5

**Toasty Grilled Cheese**

Steamed Mixed Vegetables  
Tomato Soup  
w6

**Golden Chicken Nuggets**

Steamed Green Beans  
Fresh Baby Carrots  
Dinner Roll

**Zesty Tachos**

Spanish Rice  
Romaine Lettuce  
Diced Tomatoes  
Pinto Beans

**Wild Rice Deep Dish Chili**

Dinner Roll  
Baked French Fries  
Fresh Baby Carrots

**Walking Taco**

Zesty Spanish Rice  
Mexi-Corn  
Crisp Romaine Lettuce

**Cheesy Baked Ziti**

Sweet Corn  
Fresh Broccoli  
w1

**Crunchy Frito Pie**

Zesty Spanish Rice  
Pinto Beans  
Lettuce Tomatoes

**Roasted Turkey w/Gravy**

**Biscuit**  
Smashed Yukon Gold Potatoes

**Sweet & Sour Chicken Nuggets**

Brown Rice  
Orange Glazed

**Meatball Marinara with Pasta**

Garden Salad  
Steamed Green Beans

**Pancakes/ French Toast Sticks**

Scrambled Eggs  
Toasty Tator Tots  
Crunchy Baby Carrots  
w2

**Crispy Chicken Parmesan**

Spaghetti  
Italian Vegetable

**Pork Sandwich with Pineapple Jam and Spicy Mayo**

Sweet Potato  
Waffle Fries

**Cheesy Buffalo Nachos**

Celery Sticks  
Crisp Romaine Lettuce  
Diced Tomatoes

**Tangy Mandarin Orange Chicken**

Warm Brown Rice  
Oriental Vegetables  
Tender Edamame

**Fiesta Lasagna**

Zesty Spanish Rice  
Refried Beans  
Romaine Lettuce  
Diced Tomato  
w3

**Tasty Hot Turkey Sandwich**

Fresh Baby Carrots  
Mashed Potatoes

**Spaghetti w/ Meat Sauce**

Garlic Breadstick  
Fresh Popeye Salad  
Steamed Italian

**Walking Taco**

Zesty Spanish Rice  
Mexi-corn  
Crisp Romaine Lettuce

**Hot Toasted Buffalo Chicken Hoagie**

Zesty Ranch JoJos  
Crisp Celery Sticks

### Specials

**Nutrition Bar & Milk Available Daily**

### The Grille

Cheese Burger  
Tortilla Burger  
Hot Dog  
Chicken Patty  
Sandwich

### The Deli

One or more of the following Served Daily.  
Chef Salads  
Grilled Chicken Salads  
Beef Taco Salads  
Chicken Caesar Salad.

### Bravo

One of the Following Served Daily  
Pepperoni Pizza  
Cheese Pizza  
Sausage Pizza  
Veggie Pizza

### GOOD to GO

**Nutrition Bar & Milk Available Daily**

Menu Key: **FP** = Fresh Pick • **WG** = Whole Grain

**A'viands**  
an elior company