Newton's Eat-In Adventure

OCTOBER 2017

POJOAQUE INTERMEDIATE SCHOOL BREAKFAST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Assorted Whole Grain Muffin String Cheese Fruit Choice Juice Choice w4	3 Hot Sausage Bagel Sandwich Fruit Choice Juice Choice Milk	4 Homemade Egg & Cheese/Green Chili Breakfast Burrito Salsa Fruit Choice Juice Choice	Mini French Toast Fruit Choice Juice Choice Milk	Hot Pancake Sausage on a Stick Fruit Choice Juice Choice Milk
9 Columbus Day. w5	Breakfast Yogurt and Banana Split Fruit choice Juice Choice Milk	11 Blueberry Muffin Fruit Choice Juice Choice Milk	Breakfast Pizza Fruit Choice Juice Choice Milk	Professional Development no school
Cereal Fruit Choice Juice Choice w6	Mini Pancake Fruit Choice Juice Choice Milk	Savory Sausage Breakfast Pizza Fruit Choice Juice Choice Milk	Cinnamon Apple Muffin Fruit Choice Juice Choice Milk	Parent/Teacher Conference No-school
Hot Pancake Sausage on a Stick Fruit Choice Juice Choice w1	24 Homemade Egg and Cheese/Green Chili Breakfast Burrito Salsa Fruit Choice Juice Choice Milk	Mini Golden Waffles and Syrup Fruit Choice Juice Choice Milk	Warm Sausage and Cheese Bagel Sandwich Fruit Choice Juice Choice Milk	Scrumptious Coffee Cake Fruit Choice Juice Choice Milk
Assorted Whole Grain Muffin String Cheese Fruit Choice Juice Choice w2	31 Mini French Toast Sticks Syrup Fruit Choice Juice Choice Milk			Protein Protein Choose My Plate.gov

NUTRITION BAR

Included with your meal and offered daily. Choose from a variety of fresh fruits or vegetables.

