



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Over 130 varieties of green beans are known</p> 		<p><b>Extra Text</b></p>	<p><b>Extra Text</b></p>	<p><b>1</b> <b>Cheeseburger</b> Ranch Jo Jo's Fresh Garden Salad w5</p>
<p><b>4</b> <b>Toasty Grilled Cheese</b> Steamed Mixed Vegetables Fresh Popeye Salad Tomato Soup w6</p>	<p><b>5</b> <b>Golden Chicken Nuggets</b> Steamed Green Beans Fresh Baby Carrots Dinner Roll</p>	<p><b>6</b> <b>Zesty Tachos</b> Spanish Rice Crisp Romaine Lettuce Fresh Diced Tomatoes Pinto Beans</p>	<p><b>7</b> <b>Wild Rice Deep Dish Chili</b> Dinner Roll Baked French Fries Fresh Baby Carrots</p>	<p><b>8</b> <b>Cheeseburger</b> Fresh Garden Salad Crisp Baked Fries</p>
<p><b>11</b> <b>Cheesy Baked Ziti</b> Sweet Corn Fresh Broccoli Trees w1</p>	<p><b>12</b> <b>Crunchy Frito Pie</b> Zesty Spanish Rice Pinto Beans w/Salsa Fresh Diced Tomatoes Romaine Lettuce</p>	<p><b>13</b> <b>Roasted Turkey w/Gravy</b> Dinner Roll Smashed Yukon Gold Potatoes</p>	<p><b>14</b> <b>Sweet &amp; Sour Chicken Nuggets</b> Brown Rice Orange Glazed Carrots Fresh Broccoli</p>	<p><b>15</b> <b>Pepperoni Pizza</b> Crisp Garden Salad Steamed Green Bean</p>
<p><b>18</b> <b>Pancakes/ French Toast Sticks</b> Scrambled Eggs Toasty Tator Tots Baby Carrots w2</p>	<p><b>19</b> <b>Crispy Chicken Parmesan</b> Spaghetti Fresh Popeye Salad Italian Vegetables</p>	<p><b>20</b> <b>BBQ Pulled Pork Sandwich</b> Sweet Potato Waffle Fries Sweet Corn Cobette</p>	<p><b>21</b> <b>Cheesy Beef Nachos</b> Pinto Beans Salsa</p>	<p><b>22</b> <b>Pepperoni Pizza</b> Crisp Garden Salad Fresh Broccoli Trees</p>
<p><b>25</b> <b>Fiesta Lasagna</b> Zesty Spanish Rice Refried Beans Crisp Romaine Lettuce Fresh Diced Tomatoes</p>	<p><b>26</b> <b>Tasty Hot Turkey Sandwich</b> Fresh Baby Carrots Mashed Potatoes</p>	<p><b>27</b> <b>Spaghetti w/ Meat Sauce</b> Garlic Breadstick Fresh Popeye Salad Steamed Italian Vegetables</p>	<p><b>28</b> <b>Walking Taco</b> Zesty Spanish Rice Mexi-corn Crisp Romaine Lettuce</p>	<p><b>29</b> <b>Cheese Pizza</b> Fresh Garden Salad Seasoned Green Beans</p>

**NUTRITION BAR**

Included with your meal and offered daily.  
Choose from a variety of fresh fruits or vegetables.

For questions and comments, please email the Food Service Director at [pojoaque@aviands.com](mailto:pojoaque@aviands.com) or call 505 455 22 55

